A.I. (Authentic Insight)

We are all searching for authentic Insight regarding what it means to live life well.
Authentic = original, real (of undisputed origin)
Insight = accurate understanding

1.) Understand that life is a gift.

- Seeing life this way shifts you into a posture of gratitude.
- Your brain can't process fear and gratefulness at the same time.
- Psalm 100:4-5 (Enter his gates with thanksgiving and his courts with praise)
- We need to be saying thank you to God!!
- "Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you."1 Thessalonians 5:16-18 ESV

2.) Understand that living your best life looks like devoting yourself to making the lives of others better.

- Obededom and the presence of God and the New Testament fulfillment in our union with Christ.
- "So David was not willing to take the ark of the Lord into the city of David. But David took it aside to the house of Obed-edom the Gittite. And the ark of the Lord remained in the house of Obed-edom the Gittite three months, and the Lord blessed Obed-edom and all his household. And it was told King David, "The Lord has blessed the household of Obed-edom and all that belongs to him, because of the ark of God." So David went and brought up the ark of God from the house of Obed-edom to the city of David with rejoicing." (**2 Samuel 6:10-12 ESV**)
- "But he who is joined to the Lord becomes one spirit with him." (**1 Corinthians 6:17 ESV**)
- Christ turned water to wine, multiplied the boy's lunch, cleansed leper's, cast out devils, raised the dead, cleaned up churches etc.
- Living united to Christ is a Supernatural life: it is as equally supernatural to prophesy over the waiter as it is to pick up the paper towels off the bathroom floor and wipe the counter...because caring is supernatural.

3.) Understand that your soul needs more simple and real and less complicated and artificial.

- Distracted and depressed culture.
- Beware of counterfeits and choose to stay connected to (and help connect others to) the original.